FEBRUARY 2023

CENTRAL YORK 4-6

LUNCH MENU

LUNCH PRICES

Students - \$2.60 Reduced - \$.40 Adults -\$4.10 Milk - \$0.80 Milk is included with each meal:

1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy and Lactaid.

- Choice of Fruit Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices
- Alternate Line Available Everyday. Menu will change Daily.
- NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA
- Fresh Vegetables offered Daily.
- *Contains Pork/Ham

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Walk Away Taco w/Meat & Cheese Lettuce/Tomato Cup Spanish Rice Ranchero Beans Fruit, Milk	Chicken Patty Scalloped Potatoes Winter Blend Vegetable Fruit Milk 2	Hot Dog or Fiesta Dog Oven Potatoes Glazed Carrots Fruit Milk 3
Chicken Alfredo Cheese Bread Stick Steamed Broccoli Fruit Milk	Nacho Dippers w/Meat & Cheddar or Queso Cheese Salsa/Sour Cream Re-fried Beans Fruit, Milk 7	Chicken Poppers Mashed Potatoes Corn/Gravy Dinner Roll Fruit Milk	Baked Mac & Cheese w/Toppings Peas Fruit Milk 9	Stromboli Seasoned Carrots Fruit Milk
Chicken Corn Soup Ham & Cheese on Pretzel Roll Fruit Milk	Cheeseburger French Fries or Onion Rings Baked Beans Fruit Milk Ice Cream Treat	COOK'S CHOICE Seasoned Green Beans Fruit Milk	Tangerine Chicken Fried Rice Vegetable Stir Fry Fruit Milk 16	EARLY DISMISSAL Deli Sandwich Snack Pack Paradise Punch Fruit Cup, Milk
NO SCHOOL 20	Chicken & Cheese Quesadilla Fiesta Rice Seasoned Black Beans Fruit Milk 21	*Egg Extravaganza Tater Tots Fruit/Juice Cup Milk	Chicken Nuggets French Fries Garden Salad Fruit Milk 23	Fish Shapes Creamy Mac & Cheese Steamed Broccoli Fruit Milk 24
Deep Dish Pizza Baked Beans Fruit Milk	Chicken Tenders Seasoned Rotini Steamed Carrots Fruit Milk 28			