## **JANUARY 2023**

## CENTRAL YORK HS/MS

## BREAKFAST MENU

## **BREAKFAST PRICES**

Students - No Charge Adults -\$2.30 Milk - \$0.80 Milk is included with each meal: 1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy, Lactaid, and Plant Base. Daily Cold Breakfast Offerings will include:

- Cereal,
- Cereal Bar
- Pop Tart w/ Yogurt or Cheese Stick

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL 2	Assorted Breakfast Items	Assorted Breakfast Items	Assorted Breakfast Items	Assorted Breakfast Items
	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
	Juice	Juice	Juice	Juice
	Milk	Milk	Milk	Milk
Assorted Breakfast Items	Assorted Breakfast Items	Assorted Breakfast Items	Assorted Breakfast Items	EARLY DISMISSAL Assorted Breakfast Items Assorted Fruit Juice Milk 13
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	
Juice	Juice	Juice	Juice	
Milk	Milk	Milk	Milk	
NO SCHOOL	Assorted Breakfast Items	Assorted Breakfast Items	Assorted Breakfast Items	Assorted Breakfast Items
	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
	Juice	Juice	Juice	Juice
	Milk	Milk	Milk	Milk
Assorted Breakfast Items	Assorted Breakfast Items	Assorted Breakfast Items	Assorted Breakfast Items	Assorted Breakfast Items
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
Assorted Breakfast Items Assorted Fruit Juice Milk	Assorted Breakfast Items Assorted Fruit Juice Milk			